

**Professional Interests**

Coach/Teach/Mentor leadership, coaching, technology, interpersonal, spiritual and career/life skills to teens and adults, in English or Spanish, in person and by phone/email/skype

**Qualifications Summary**

- Confident and effective in an exceptionally diverse mix of corporate, cultural, and interpersonal environments (*experience in start-ups, non-profits, for-profits, 23 countries, and living with natives in the Amazon, India, Spain*)
- Natural talent for coaching, tutoring and mentoring** success, growth, fulfillment and balance (*10+ years*)
- Hundreds of hours of Co-Active Coaching experience; trained by The Coaches Training Institute (CTI) (*7+ years*)
- Quickness learning complicated concepts**, devising fun and interactive learning experiences, and then teaching these myriad concepts to diverse audiences (*10+ years, consistently receiving the highest student evaluations*)
- Spanish-speaking community builder**, proficient in **leading/facilitating teams/groups** of 3 to 500+ (*8+ years*)
- Consistent client satisfaction and results:** <http://AwakenTheMagic.com/coach/testimon.html>

**Key Strengths (what clients have said most benefits them)**

- Superb questioning, listening and messaging skills
- Ability to elicit clarity, focus, and fun
- Exceptional creativity from diverse perspectives
- Extraordinary patience, sensitivity, and intuition
- Empathy, compassion, and authenticity
- Wisdom and ability to inspire from life experience

**Experience**

**Leadership, Technology and Spiritual/Life Coach**

- Coached hundreds of adults and teens to create, prioritize and realize visions/goals for their careers, relationships, and lives with unprecedented levels of productivity, satisfaction and growth
- Coached, co-developed and assisted training of new coaches and leaders in state-of-the-art methods to create sustainable leadership, and balanced lives/careers aligned with values and passions
- Co-authored 1<sup>st</sup> draft of book on a new model for leadership, personal evolution and social change with Laura Whitworth (co-founder of Coaches Training Institute and co-author of *Co-Active Coaching*)
- Co-founded and lead 10 week True Work Coaching Seminar for career/life transition and renewal
- Tutored/coached clients to use technology to its full potential in their business and personal lives
- Designed juvenile hall youth transition program (job skills, coaching, emotional support group, yoga/meditation)
- Co-lead interactive “*What the Bleep!?*” seminar in Italy; Coached participants to apply WtB paradigm in their lives

**Relevant Training and Affiliations**

- Re-evaluation Counseling: On-going training to facilitate discharge of emotional blocks to clear thinking and action
- Workshops and on-going classes with CTI, Coach University, New Ventures West, NLP Institute of CA, Thomas Leonard (CoachU/CoachVille founder), Laura Whitworth (CTI founder)
- Challenge Day *Next Step* and *Leadership Empowerment Trainings* on leading experiential workshops
- Outward Bound *Leadership and Wilderness Therapy Practicum*
- Decker Method for *Effective Communicating*; *Langevin Instructional Techniques for New Instructors*
- ATLAS *Instructor/Mentor Training to Teach English Literacy and GED Subjects* to Sunnyvale community
- Will Shutz’ intensive *Human Element Seminar* on corporate relationships and teamwork
- Member *Bay Area Assn. for Psychological Type (BAAPT)*; *New Dimension’s True Work Circle Certified Member*

**Education (listed in order of completion)**

Bachelor of Science: *Case Western Reserve University*, Cleveland, OH (High Honors)  
**Major: Computer Engineering** **Minor: Interpersonal Communications**  
Associate of Arts: **Spanish:** *DeAnza College*, Cupertino, CA (Magna Cum Laude)  
Full Curriculum: **Co-Active Coaching:** *The Coaches Training Institute (CTI)*, San Rafael, CA

## **Other Management, Leadership/Facilitation, Community Building and Teaching Experience**

### **Teaching and Training Highlights**

- ❑ [True Work Coaching Seminar](#) to adults in career/life transition
- ❑ Y2K concepts to hundreds of utility engineers across U.S. and in 3 foreign countries (*taught in Spanish in Mexico*)
- ❑ [Yoga/Meditation to 1000's of at-risk teens in San Mateo County Juvenile Halls](#) and to adults in various settings
- ❑ Taught Nature/Natural Science to 1st-8th graders in purely experiential contexts (*as an "Environmental Volunteer"*)
- ❑ English: As a Second Language to Spaniards in Spain; Literacy/GED to adults of Sunnyvale community

### **Management, Leadership and Facilitation Highlights**

- ❑ Managed teams/Lead corporate engineering projects at Silicon Graphics, Inc. (SGI) and NexGen, Inc. (*now AMD*)
- ❑ Facilitated technology integration with grade school teachers as part of Clinton's \$2 Million education initiative
- ❑ Co-founded/Lead [Silicon Valley True Work Circle](#) (*95% transitioned to new career and/or living environment*)
- ❑ Managed/Facilitated Spanish Group for The World Affairs Council (*Grew paper list of 35 and a human phone-tree to 500+ members, with shared leadership, website, self-maintaining member database, and email invites*)
- ❑ Founded/Lead/Facilitate [Wisdom Circle for Personal Growth and Community](#) (*Since 1998*)
- ❑ Directed talent and studio crew of 8 in real time (live) to create "Common Ground" cable TV program
- ❑ Facilitated middle/high-school *Challenge Day* experiences that empowered teen leaders to transform school culture

### **Communities Built**

Silicon Valley Coaches Support Group, [True Work Circle](#), Neighborspace Virtual Community, World Affairs Council Spanish Group, [San Mateo County Juvenile Halls](#), [Bay Area Wisdom Circle](#), Multiple Coaching Circles

## **Work History**

### **Own Business, Self Employment & Contracts:**

- 2000-pres** **Leadership, Relationship & Spiritual/Life Coach**, *Awaken the Magic Coaching* – Palo Alto, CA
- 2007-2010** **Bilingual Spanish Trainer/Mentor/Coach**, *Springboard Forward (non-profit)* – SF Bay Area
- 2005-pres** **Senior Technical Trainer**, *Computer Magic Training* – San José, CA
- 2000-2006** **Meditation Instructor and Council Facilitator**, [Youth Horizons](#) (*non-profit; now Mind-Body Awareness Project*) – San Francisco, CA
- 1999-2001** **Senior Technical Trainer**, *Anderson Software Group, Inc.* – San Diego, CA
- 1999** **Sabbatical**: Apprenticed with Tim Corcoran of Headwaters Outdoor School to lead growth-oriented wilderness classes; Studied Short Story Writing, True Work, Earth Philosophy, Desert Survival/Herbology, Jin Shin Jyutsu, and "Human/Universal Energy" healing techniques
- 1999** **Senior Technical Trainer**, *Learnsoft, Inc.* – San José, CA
- 1999** **Web Programmer**, *Webster & Associates* – San Francisco, CA
- 1998-99** **Senior Y2K Education Specialist**, *Electronic Power Research Institute (EPRI)* – Palo Alto, CA

### **Full Time Employment:**

- 1996-1998** **Education Specialist in Customer Training**, *SGI* - Mountain View, CA
- 1993-1996** **Senior Microprocessor Design Project Lead**, *Silicon Graphics, Inc./MIPS* - Mountain View, CA
- 1993** **Sabbatical**: Studied Spanish language/culture and taught English while living in Spain; Toured the Galapagos Islands; Lived/studied with Shaman of an indigenous tribe in the Amazon Jungle; Toured the American Southwest; Visited Native American reservations and museums
- 1989-1993** **Senior Microprocessor Engineer/Manager**, *NexGen Microsystems (startup; now AMD)* - Milpitas
- 1987-1989** **System Design Engineer**, *Amdahl Corporation* - Sunnyvale, CA
- Summer 86** **Logic Design Engineer**, *Texas Instruments* - Dallas, TX
- Summer 85** **Software Engineer**, *IBM Corporation* - Endicott, NY

## **Personal Interests**

Sound healing, African/Latin drumming, writing, nature, travel, music festivals, mountain biking, yoga/meditation, edible/medicinal plants, Latin/Spanish/Euro cultures, snowboarding, shamanism, didgeridoo, salsa/flamenco, kindness